



## What is Reiki?

#### Reiki means Universal Life Energy.

In these turbulent times when your world calls for more... unfold the treasure of Reiki. Reiki brings together the body, mind and spirit in one amazing journey. Simple, powerful, and healing. It is a modality for the 21st century.

Many cultures dating back to ancient times have had the wisdom and the knowledge that an unseen energy flows through all living things, and is directly related to the quality of health in life.

Reiki allows anyone to connect with this unlimited energy and transmit it through the hands, to themselves and others, creating the space for improved health and enhanced quality of life.

Reiki is easy to learn and is simple, effective and safe.

## Your Teacher

#### SUSAN (SUE) HILL

Through Reiki and her apprenticeship with Denise, Sue's ministry of teaching Reiki to Children became reality. Sue, working in the teaching field with a wide community of youth across Australia, recognised as Dr Usui had done, that teaching without healing there was no change. She began seeking another way and learned much from being alongside Denise at children's classes, volunteer workshops and through her own exploration. Initiated into frequency in 2001, on the 21st of June, 2002 Denise introduced Sue to the Reiki community as a Master of the Usui System of Natural Healing. Following Denise's transition, and supported by an enthusiastic team, Sue continues to teach and work in the name of the Children and to administer Reiki wherever there are children who choose to have Reiki in their lives.

Blending a unique mixture of the Reiki teachings passed down through our Lineage with meditation, drawing, activity and music, Sue and the team recognise that making exploration fun, empowers Children to recognise their innate ability to create a graceful and magical way of living and healing for themselves, their world and for those around them.

#### THE CHILDREN'S REIKI TEAM

All volunteers have a genuine love of Reiki, a commitment to the Children; bring their expertise from a range of other professions, and all hold current working with Children's checks. Reiki classes specifically for children began in 1988 for children who are seeking a magical and real way in which to empower their own healing; revealing more love, more fun, and the fulfillment of their lives and dreams.



# Reiki Class for Kips

Reiki addresses body, mind and spirit accelerating your natural ability to heal yourself. Dr. Usui rediscovered Reiki and created a simple set of procedures to follow, which were passed down through this lineage.

Reiki is experienced through the hands as a subtle yet powerful flow of healing energy. It is a hands-on experience which is spiritual in nature and therefore cannot be directed or manipulated in any way. Reiki by-passes the symptom and goes to the cause of the problem to create a space for healing.

We are all born naturally connected to our source and like the Children of today some of us will forget or had forgotten this 'connection'. Reiki rekindles the memory while the fine tuning/initiation ensures that it remains in our hearts, minds and hands forever, allowing the creation of a graceful and magical way of being and living for all humanity.

#### WHAT IS THE BENEFIT OF KIDS & REIKI?

Reiki is easy to learn, and provides children with a lifelong tool that helps them to better cope with daily problems, be more mindful physically, and more easily find a natural state of balance & calm.

We must be willing to see what the children of the world are trying to teach us, while helping them to get started on their spiritual path on Earth. Learning Reiki is one of the best ways they can begin the process of living their life in healing and balance.

#### WHAT TO EXPECT

Reiki Class for Kids is a two-day drop off class, held at the Usui Reiki Centre in Camberwell. Class runs from 10am to 3pm each day, with an integrated approach of inside & outside learning. To truly engage the magic of the children, we take a playful approach, so that it ignites their ability to take in the experience and the information provided.

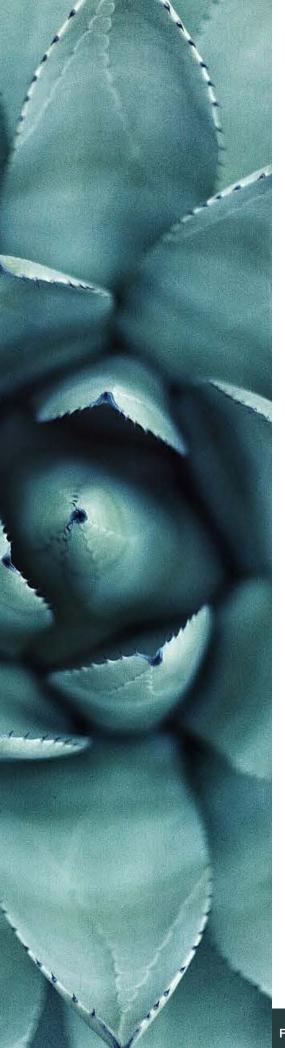
After taking this class, your child will be able to practice Reiki on themselves, and also give Reiki sessions to others including pets.

Space is limited. Registrations are first-come-first-served.

#### WHAT TO BRING

Please send your child with:

- · nut-free lunch
- · coloring in pencils / pens (we will also provide some)



# Our Reiki Lineage

Lineage is akin to a family; a family of gifted and visionary beings who have a dream, a dream of a future for us & mankind.

These advanced souls have seen and planned for a future we are just beginning to glimpse; a future of community, of healing and Oneness, a multi-dimensional reality.

Dr Usui was a genius; he searched for and found the answer to a student's question and in doing so rediscovered "Reiki" - a deceptively simple healing modality. A student of Dr. Usui, Dr Hyashi showed how powerful Reiki can be for living and dying while Mrs Takata, a student of Dr Hyashi glimpsed a future dream that would see a simple healing modality spread its magical ways around the world. It is in this Lineage that the foundations of the Usui Reiki Centre are set.

We are proud of our Lineage and we call upon it often. We trust you will take advantage of the close proximity to our founders that is offered to you by the Usui Reiki Group.



**Dr Mikao Usui** (1865-1926)



Dr Chujiro Hayashi (1880-1940)



Hawayo Takata (1900-1980)



Beth Gray (1918-2008)



Denise Crundall (1946-2002) & John Crundall

(1945-)



**Sue Hill** (1955- )

# Registration Details

#### PRICING & TIMING

Reiki Class for Kids - \$110 first child; \$75 per sibling

To register complete the Registration form and pay the deposit.

Day one: 10:00am - 3:00pm Day two: 10:00am - 3:00pm\*

\*Please plan to arrive early to pick up your child, as we will have them practice Reiki on you during the final lesson of the day.

#### **LOCATION**

Usui Reiki Centre 17 Fairholm Grove, Camberwell. 3124

#### **PAYMENT**

Usui Reiki Centre Volunteers Group BSB 704 230 Account 100 135275



Please note: All deposits are non-refundable, but can be applied to the next class, if requested.

#### SUPPORTING YOUR CHILD'S JOURNEY

To compliment their child's journey, parents most often take or have participated in our Reiki Level I Class. Whether you are already trained in Reiki or not, attending the Usui Reiki Centre Classes mean you will have an understanding of the teachings, practices & values of this unique lineage, the healing it empowers and further, you will be better able to support your child's understanding and relationship with the Reiki energy.

For more information about our 2023 adult classes, please click here!

## Questions?

We understand that new ideas spark questions, and we're here to help you find the answers. If you have further questions about Reiki, the Usui Reiki Centre, or the Reiki classes and Retreats, please contact us directly and we'll be happy to help!

SUE Reiki Class Teacher

Phone: 0419582914

TERESA Reiki Class Facilitator

Phone: 0407391668

Email: info@usuireikicentre.com



# For Young People With

# Reiki Master Sue Hill and the Children's Reiki Team

### Usui Reiki Centre for Natural Healing

17 Fairholm Grove Camberwell 3124 Email: <u>info@usuireikicentre.com</u> www.usuireikicentre.com

#### CHILDREN'S REIKI Level 1 - CLASS (6-13yo)

Monday 23<sup>rd</sup> September, 2024 10 a.m. – 3.00 p.m. (registration from 9:30am)

Tuesday 24<sup>th</sup> September, 2024 10 a.m. – 3.00 p.m. (finish times may vary)

\*Registrations with deposit of \$50.00 need to be completed 10 days before the class \*Attendance on both days is necessary to complete the course

Cost: \$110 first child, \$75 siblings
To: Usui Reiki Centre Volunteers Group
BSB: 704 230
Account: 100 135275
Reference: (your child/ren's name)

Sue – 0419 582 914 or Teresa- 0407 391 668

If you have any enquiries regarding this class please call

PLEASE ENROL MY CHILD (one form per child) IN THE CHILDREN'S REIKI CLASS

## Monday 23<sup>rd</sup> and Tuesday 24<sup>th</sup> September, 2024

Child's Name:		
(Please print name as you would like it on your certificate)		
Age	Birthdate:	
Address:		
		Post Code
Parent Name:		
Telephone Number:	Mobile	
Email Address:		

I am paying for (please circle) \$50 deposit / \$110 first Child / \$75 Sibling

Receipts will be available on arrival at the Centre on the first day.

Email: info@usuireikicentre.com your completed form and confirmation of direct payment

