

THE PARADOX OF OUR AGE

**We have bigger houses but smaller families,
more conveniences, but less time;**

**We have more degrees, but less sense;
more knowledge, but less judgement;**

**more experts, but more problems;
more medicines, but less healthiness;**

**We've been all the way to the moon and back,
but have trouble crossing the street to meet
the new neighbour**

**We built more computers to hold more
information to produce more copies than ever,
but have less communication;**

**We have become long on quantity,
But short on quality.**

**These are times of fast foods
but slow digestion;**

Tall man but short character;

Steep profits but shallow relationships.

**It's a time when there is much in the window,
but nothing in the room.**

...His Holiness the 14th Dalai Lama